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FINDING TRUE FREEDOM – IN A MAXIMUM SECURITY PRISON

Millionaire, musician, master salesman; con-man, drug dealer, convict; entrepreneur, benefactor, wise and revered meditation teacher – Alan Gompers has led an amazing life. His life-long search for recognition, power and love drove him to make (and lose) million-dollar fortunes, betray friends and family and deal drugs, which ultimately brought him a 15-to-life prison sentence. It was in a maximum security prison that he finally found – deep within himself – what he had been seeking: the true meaning of freedom.

Maximum Security: The True Meaning of Freedom is the story of Alan Gomper's amazing life. Burns Park Publishers is proud to announce its publication.

Gompers gives you an insider's view of his life as it unfolds. You walk in his shoes as he travels from middle-class Bronx to Wall Street and upscale Westchester to the inside of maximum-security prisons. With great respect and compassion he shows you his life inside, the remarkable men he encountered along the way – and the astounding transformation he experienced while serving time in prison.

One early reader said: "*Maximum Security* is the perfect book: brief, amazing, and powerful enough to change your life ... The pages of this book turn themselves. At the end, the reader is left in a state of shimmering beauty." (Stratford Sherman, Co-author, *Control Your Destiny or Someone Else Will*).

Alan Gompers was born in 1939 in the Bronx. Affectionately known in the music industry as "Pop Doo-Wop," for many years he produced concerts that brought together legendary, original artists from the 1950's. After serving his time in a maximum security prison, Alan has traveled around the United States and Canada speaking to organizations and groups on the power and healing qualities of meditation. He still lives in the Bronx.

Maximum Security: The True Meaning of Freedom by Alan Gompers is published by Burns Park Publishers – publication date May, 2008. Hardcover, \$24.95, it is distributed to the trade by Biblio Distribution and available directly from the publisher at www.burnsparkpublishers.com.