

This Guest Discovered Total Freedom Behind the Walls of a Maximum Security Prison

At one time, **Alan Gompers** had everything. From an elegant home to money and fame and well connected friends, the self-made millionaire displayed all the trappings of his success. To an outside observer, Alan looked like he was completely together. No one would have suspected his profound inner turmoil.

Alan's private unhappiness led him eventually to drugs, and drug dealing. The end came in the form of a prison sentence, to be served at the infamous Sing Sing penitentiary. Ironically, that was to be where Alan finally found what he had been searching for his entire life. Surrounded by concrete walls, gun towers, and razor wire, Alan found the true happiness and freedom that had always eluded him. It became clear to him that his entire life had been a prison of his own making, and equally clear that scores of others lived trapped inside the penitentiaries of their own lives.

Alan will stir you to make your own prison break with the inspiring story of his personal transformation and wisdom like:

- You cannot find freedom in the world; it comes only from within you.
- You have to let go of your fear and worry to find true happiness.
- Sometimes when we lose everything, it's because we need to let go.
- Everything that comes to us is because on some level we've asked for it.

CREDENTIALS: Alan Gompers' autobiography, *MAXIMUM SECURITY: The True Meaning of Freedom*, has been hailed by civil rights leader Dr. Eugene Callender, NHL Hall of Famer Rod Gilbert and many others.

AVAILABILITY: New York and nationwide by arrangement and via telephone.

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