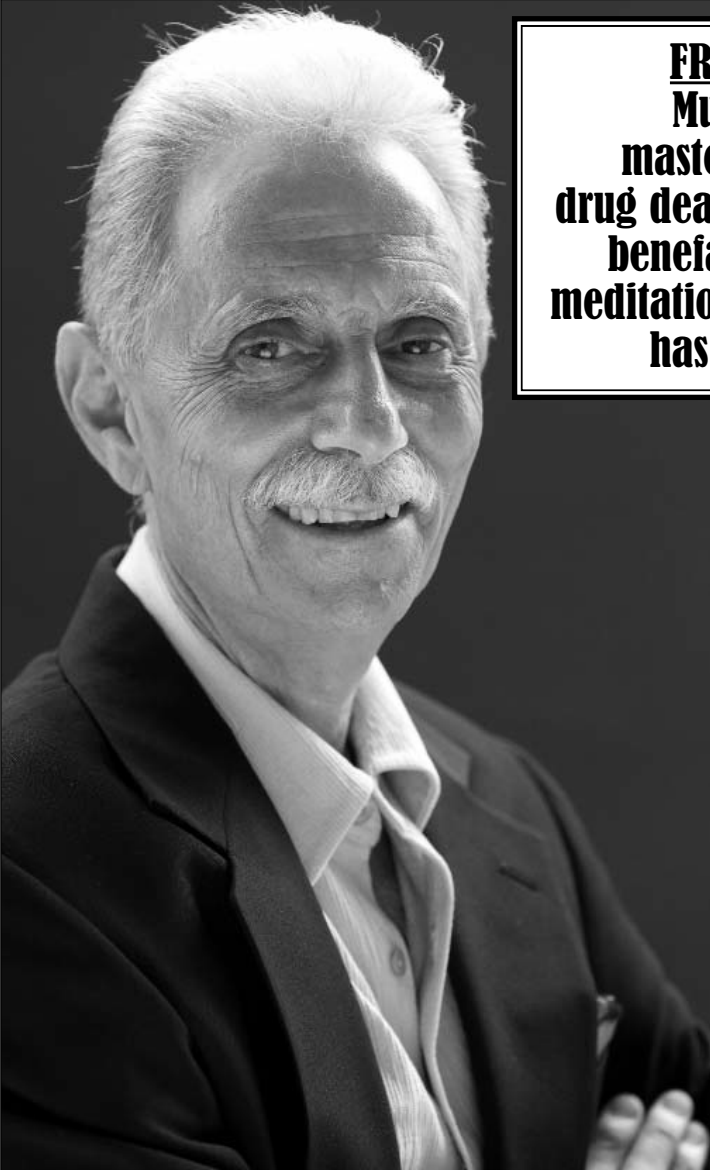
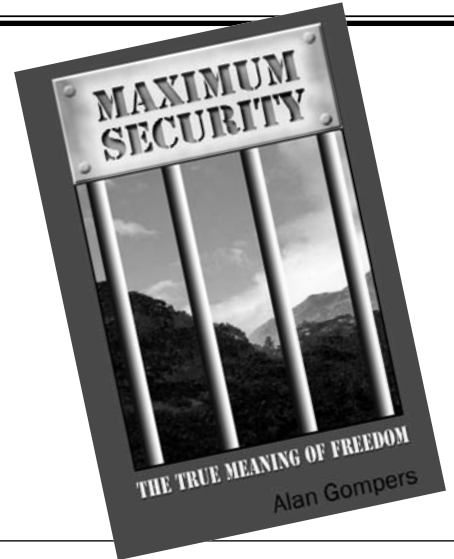


Alan Gompers

Meditation & Prison Program Advocate



**FROM NEW YORK CITY:
Musician, millionaire,
master salesman; con-man,
drug dealer, convict; entrepreneur,
benefactor, wise and revered
meditation teacher – Alan Gompers
has led an amazing life.**



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Alan Gompers has led an amazing life. His life-long search for recognition, power and love drove him to make – and lose – million-dollar fortunes, betray friends and family and deal drugs, which ultimately brought him a 15-year-to-life prison sentence. It was in a maximum security prison where he finally found – deep within himself – what he had been seeking his whole life: the true meaning of freedom.

“In Maximum Security: The True Meaning of Freedom, Alan Gompers shows us how we imprison ourselves – and the way to regain our freedom – even if we are outside the

*ce*ment walls. True freedom comes when we finally understand that we are more than just our bodies and minds and that God is the source of our life and strength and being. This powerful book demonstrates to us the truth: that God is within each of us, as our own true self. That is freedom indeed!” said Dr. Eugene Callender, civil rights leader and friend and associate of Rev. Martin Luther King, Jr.

Alan Gompers is related to labor union pioneer Samuel Gompers and lives in New York.

His new book – *Maximum Security: The True Meaning of Freedom* – is from Burns Park Publishers.